**Can you use Benzodiazepines while using Opioid Pain Medications?**

Benzodiazepines are medications that help patients to relax and relieve anxiety. They include Xanax (alprazolam), Ativan (lorazepam), and Valium (diazepam).

The simple answer is “no.” Benzodiazepines depress the nervous system. Opioid medications, also, depress the central nervous system. If you take both alcohol and opioid medications, you will be at risk of overdose. The combination of benzodiazepines and opioid medications can slow your breathing and cause breathing obstruction and death.

Our urine drug testing is very sensitive. It can show evidence of benzodiazepine use for a long time after this medication is consumed. If we find evidence of benzodiazepine use and opioid use, we will discuss these results and ask you to explain. We may ask you to choose between using benzodiazepines or opioid medications.

We are concerned about your safety:

**DON’T USE BENZODIAZEPINES AND OPIOID THERAPY.**

**THIS COMBINATION COULD BE LETHAL.**